**Patient Name: Anna Martinez - Hyperlipidemia**

**Overview:**  
Anna Martinez is a 50-year-old bank manager. She is a female, born on June 17, 1973, residing at 456 Hilltop Avenue, Summit, SM, 67890. Her contact number is (555) 321-6547. Anna has been diagnosed with hyperlipidemia, a condition characterized by high levels of lipids (fats) in the blood, which can increase the risk of cardiovascular disease.

**Medical History:**

* **Past Medical History:** Diagnosed with prediabetes two years ago.
* **Surgical History:** Cholecystectomy (gallbladder removal) at age 45.
* **Family Medical History:** Mother with hyperlipidemia, father had a heart attack at age 60.
* **Allergies:** Ibuprofen causes stomach upset.
* **Medications:** Statins to lower cholesterol levels, metformin for blood sugar control.
* **Lifestyle:** Sedentary job, trying to incorporate more fruits and vegetables into her diet, non-smoker.

**Previous Doctors:**  
Dr. Carlos Rodriguez, her primary care physician, identified elevated cholesterol and triglyceride levels during a routine check-up and referred Anna to a cardiologist. Dr. Angela Chen, a cardiologist, confirmed the hyperlipidemia diagnosis and is overseeing her care.

**Anna Martinez - Symptoms:**  
Hyperlipidemia is typically asymptomatic and was discovered during blood tests as part of a routine physical exam.

**Diagnosis:**  
Diagnosed with hyperlipidemia based on blood tests showing elevated total cholesterol, LDL (bad) cholesterol, and triglycerides.

**Treatment:**  
Anna has been prescribed statins to help lower her cholesterol levels and metformin as a preventive measure for her prediabetes. Dr. Chen emphasized the importance of lifestyle modifications, including diet changes and regular physical activity, to manage her condition. Anna has follow-up appointments every six months to monitor her lipid levels and adjust medications as necessary.